# **DISCUSSION GUIDE**

## The Immortal Life of Henrietta Lacks by Rebecca Skloot





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### **AUTHOR BIOGRAPHY**

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Rebecca Skloot is the author of the #1 New York Times Bestseller, The Immortal Life of Henrietta Lacks. Her award winning science writing has appeared in The New York Times Magazine; O, The Oprah Magazine; Discover; and many other publications. She specializes in narrative science writing and has explored a wide range of topics, including goldfish surgery, tissue ownership rights, race and medicine, food politics, and packs of wild dogs in Manhattan. She has worked as a correspondent for WNYC's Radiolab and PBS's Nova ScienceNOW. She and her father, Floyd Skloot, co-edited The Best American Science Writing 2011.

The Immortal Life of Henrietta Lacks, Skloot's debut book, took more than a decade to research and write, and instantly hit the New York Times best-seller list, where it has remained for more than three years since its publication. She has been featured on numerous television shows, including CBS Sunday Morning, The Colbert Report, Fox Business News, and others, and was named One of Five Surprising Leaders of 2010 by the Washington Post. The Immortal Life was chosen as a best book of 2010 by more than 60 media outlets, including Entertainment Weekly, USA Today, O the Oprah Magazine, Los Angeles Times, National Public Radio, People Magazine, New York Times, and U.S. News and World Report; it was named The Best Book of 2010 by Amazon.com and a Barnes and Noble Discover Great New Writers Pick. It has received widespread critical acclaim, with reviews appearing in The New Yorker, Washington Post, Science, and many others. Dwight Garner of the New York Times said, "I put down Rebecca Skloot's first book, "The Immortal Life of Henrietta Lacks," more than once. Ten times, probably. Once to poke the fire. Once to silence a pinging BlackBerry. And eight times to chase my wife and assorted visitors around the house, to tell them I was holding one of the most graceful and moving nonfiction books I've read in a very long time...It has brains and pacing and nerve and heart." See the press page of this site for more reactions to the book.

*The Immortal Life* is being translated into more than 25 languages. It is also being made into an HBO movie produced by Oprah Winfrey and Alan Ball. Skloot is the founder and president of The Henrietta Lacks Foundation, which has been featured in the *New York Times*. She has a B.S. in biological sciences and an MFA in creative nonfiction. She financed her degrees by working in emergency rooms, neurology labs, veterinary morgues and martini bars. She has taught creative writing and science journalism at the University of Memphis, the University of Pittsburgh, and New York University. She currently gives talks on subjects ranging from bioethics to book proposals at conferences and universities nationwide.

Skloot lives in Chicago but she regularly abandons city life to write in the hills of West Virginia, where she tends to find stray animals and bring them home. She is currently working on a new book about the human animal bond, which you can read more about here.

### **BOOK SUMMARY**

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Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor black tobacco farmer whose cells—taken without her knowledge in 1951—became one of the most important tools in medicine, vital for developing the polio vaccine, cloning, gene mapping, in vitro fertilization, and more. Henrietta's cells have been bought and sold by the billions, yet she remains virtually unknown, and her family can't afford health insurance.

Soon to be made into an HBO movie by Oprah Winfrey and Alan Ball, this *New York Times* bestseller takes readers on an extraordinary journey, from the "colored" ward of Johns Hopkins Hospital in the 1950s to stark white laboratories with freezers filled with HeLa cells, from Henrietta's small, dying hometown of Clover, Virginia, to East Baltimore today, where her children and grandchildren live and struggle with the legacy of her cells.

*The Immortal Life of Henrietta Lacks* tells a riveting story of the collision between ethics, race, and medicine; of scientific discovery and faith healing; and of a daughter consumed with questions about the mother she never knew. It's a story inextricably connected to the dark history of experimentation on African Americans, the birth of bioethics, and the legal battles over whether we control the stuff we're made of.

#### **DISCUSSION QUESTIONS**

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- On page xiii, Rebecca Skloot states, "This is a work of nonfiction. No names have been changed, no characters invented, no events fabricated." Consider the process Skloot went through to verify dialogue, re-create scenes, and establish facts. Imagine trying to re-create scenes such as when Henrietta discovered her tumor (page 15). What does Skloot say on pages xiii-xiv and in the notes section (page 346) about how she did this?
- 2. One of Henrietta's relatives said to Skloot, "If you pretty up how people spoke and change the things they said, that's dis¬honest" (page xiii). Throughout, Skloot is true to the dialect in which people spoke to her: The Lackses speak in a heavy Southern accent, and Lengauer and Hsu speak as nonnative English speakers. What impact did the decision to maintain speech authenticity have on the story?
- 3. As much as this book is about Henrietta Lacks, it is also about Deborah learning of the mother she barely knew, while also finding out the truth about her sister, Elsie. Imagine discovering similar information about one of your family members. How would you react? What questions would you ask?
- 4. In a review for the New York Times, Dwight Garner writes, "Ms. Skloot is a memorable character herself. She never intrudes on the narrative, but she takes us along with her on her reporting." How would the story have been different if she had not been a part of it? What do you think would have happened to scenes like the faith healing on page 289? Are there other scenes you can think of where her presence made a difference? Why do you think she decided to include herself in the story?

- 5. Deborah shares her mother's medical records with Skloot but is adamant that she not copy everything. On page 284 Debo¬rah says, "Everybody in the world got her cells, only thing we got of our mother is just them records and her Bible." Discuss the deeper meaning behind this statement. Think not only of her words, but also of the physical reaction she was having to delving into her mother's and sister's medical histories. If you were in Deborah's situation, how would you react to someone wanting to look into your mother's medical records?
- 6. This is a story with many layers. Though it's not told chronologically, it is divided into three sections. Discuss the signifi¬cance of the titles given to each part: Life, Death, and Immortality. How would the story have been different if it were told chronologically?
- 7. As a journalist, Skloot is careful to present the encounter between the Lacks family and the world of medicine without taking sides. Since readers bring their own experiences and opinions to the text, some may feel she took the scientists' side, while others may feel she took the family's side. What are your feelings about this? Does your opinion fall on one side or the other, or somewhere in the middle, and why?
- 8. Henrietta signed a consent form that said, "I hereby give consent to the staff of The Johns Hopkins Hospital to perform any operative procedures and under any anaesthetic either local or general that they may deem necessary in the proper surgical care and treatment of: (page 31). Based on this statement, do you believe TeLinde and Gey had the right to obtain a sample from her cervix to use in their research? What information would they have had to give her for Henrietta to have given informed consent? Do you think Henrietta would have given explicit consent to have a tissue sample used in medical research?
- 8. In 1976, when Mike Rogers's *Rolling Stone* article was printed, many viewed it as a story about race (see page 197 for reference). How do you think public interpretation might have been different if the piece had been published at the time of Henrietta's death in 1951? How is this different from the way her story is being interpreted today? How do you think Henrietta's experiences with the medical system would have been different had she been a white woman? What about Elsie's fate?
- 9. Consider Deborah's comment on page 276: "Like I'm always telling my brothers, if you gonna go into history, you can't do it with a hate attitude. You got to remember, times was different." Is it possible to approach history from an objective point of view? If so, how and why is this important, especially in the context of Henrietta's story?
- 10. Deborah says, "But I always have thought it was strange, if our mother cells done so much for medicine, how come her family can't afford to see no doctors? Don't make no sense" (page 9). Should the family be financially compensated for the HeLa cells? If so, who do you believe that money should come from? Do you feel the Lackses deserve health insurance even though they can't afford it? How would you respond if you were in their situation?
- 11. Dr. McKusick directed Susan Hsu to contact Henrietta's children for blood samples to further HeLa research; neither McKusick nor Hsu tried to get informed consent for this research. Discuss whether or not you feel this request was ethi¬cal. Further, think about John Moore and the patent that had been filed without his consent on his cells called "Mo" (page 201). How do you feel about the Supreme Court of California ruling that states when tissues are removed from your body, with or without your consent, any claim you might have had to owning them vanishes?

- 12. Religious faith and scientific understanding, while often at odds with each other, play important roles in the lives of the Lacks family. How does religious faith help frame the Lackses' response to and interpretation of the scientific information they receive about HeLa? How does Skloot's attitude toward religious faith and science evolve as a result of her relationship with the Lackses?
- 13. On page 261, Deborah and Zakariyya visit Lengauer's lab and see the cells for the first time. How is their interaction with Lengauer different from the previous interactions the family had with representatives of Johns Hopkins? Why do you think it is so different? What does the way Deborah and Zakariyya interact with their mother's cells tell you about their feelings for her?
- 14. Reflect upon Henrietta's life: What challenges did she and her family face? What do you think their greatest strengths were? Consider the progression of Henrietta's cancer in the last eight months between her diagnosis and death. How did she face death? What do you think that says about the type of person she was?

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