





-  **Date Range**
10/01/2019 - 11/19/2019
-  **Location**
All Locations
-  **Event Type**
All Types
-  **Age Group**
All Ages

 **REGISTERED EVENTS**

To sign up for any registered events, please visit our website or call the branch.

Sign up at:

<https://events.dekalblibrary.org/events>
call or pop into any of our branches.

Saturday October 5, 2019

 **REGISTERED EVENT**


Mindfulness and Yoga

 **BROOKHAVEN LIBRARY**

10:30am - 12:00pm

DeKalb County 4-H presents: Mindfulness and Yoga. Being mindful and practicing yoga will increase fitness, decrease stress, and improve mental focus in a noncompetitive manner.

 [Classes](#)

 **School Age**

Monday October 7, 2019


Food Science for Kids

 **HAIRSTON CROSSING LIBRARY**

3:30pm - 4:30pm

Kids learn about nutrients, vitamins, and MyPlate. Presented by 4-H UGA Cooperative Extension.

 [Informational Programs](#)

 **School Age**

Tuesday October 8, 2019

 **REGISTERED EVENT**


4-H Invention Station

 **CHAMBLEE LIBRARY**

5:30pm - 7:00pm

Bring your creativity and engineering skills to create something new! Open to first 20 registrants.

 [Fun Activities](#)

 **School Age**

Wednesday October 9, 2019

 **REGISTERED EVENT**

Healthy Cooking Class

 **NORTHLAKE-BARBARA LOAR LIBRARY**

6:00pm - 7:30pm

In this interactive class, participants will learn about healthy alternatives and cook a delicious meal.

 [Classes](#)

 **Tweens**

Wednesday October 16, 2019

 **REGISTERED EVENT**

Yoga and Mindfulness

 **NORTHLAKE-BARBARA LOAR LIBRARY**

6:00pm - 7:30pm

We'll talk about general wellness, the concept of mindfulness, and perform an introspective wellness activity, then follow it up with a beginner yoga session.

 [Classes](#)

 **Tweens**

Monday October 21, 2019



Adulting 101

 **COVINGTON LIBRARY**

6:00pm - 7:30pm

Has there ever been a question about #Adulting that you wanted to ask? Program provided by the DeKalb County Extension, 4-H Division.

 [Classes](#) | [Informational Programs](#)

 **Teens**

Monday October 14, 2019

 **REGISTERED EVENT**

Money Management for Teens

 **FLAT SHOALS LIBRARY**

2:00pm - 3:30pm

Teens will learn the basics of financial goal setting and budgeting. Program provided by the DeKalb County Extension, 4-H Division.

 [Informational Programs](#)

 **Teens**

Saturday October 26, 2019

 REGISTERED EVENT


4-H Healthy Snacks

 CHAMBLEE LIBRARY

11:00am - 1:00pm

Interactive cooking class that teaches kids some healthy snacking alternatives. Open to first 20 registrants.

 [Classes](#)

 School Age

Tuesday October 29, 2019


4-H Cooking Class

 EMBRY HILLS LIBRARY

4:00pm - 5:00pm

In this interactive class, participants will learn about healthy alternatives and cook a delicious meal. Presented by DeKalb County 4H Cooperative Extension Service.

 [Classes](#)

 School Age

Tuesday November 19, 2019

"No Cook" Healthy Snacks for Teens

 HAIRSTON CROSSING LIBRARY

6:30pm - 7:30pm

Teens learn about healthy cooking habits. Presented by the 4-H UGA Cooperative Extension.

 [Informational Programs](#)

 Teens