



Summer FULL OF LIFE

Chamblee Public Library BLOOD DRIVE

Friday, July 23, 2021
11a – 4p
Meeting Room

Sign up for an appointment to donate at www.redcrossblood.org and enter sponsor code **CPL** in the top right corner of the page under “Find a Blood Drive” or use the QR code below. Save time and use RapidPass. Visit www.redcrossblood.org/rapidpass for more info.

Tips for a successful donation: (1) Eat a good breakfast/lunch before donating blood, (2) Drink extra water before donating blood, (3) Eat foods rich in iron (red meat, fish, poultry, green veggies, etc).



****Please remember to bring your photo ID!****

Come to give July 7-31 for a \$10 Amazon.com Gift Card by email! PLUS, a chance to win gas for a year, a \$5,000 value! There will be 3 winners! Terms and conditions apply; visit rcblood.org/fuel.

Share the vibe. Give blood to help save lives.

Download the Blood Donor App | RedCrossBlood.org | Call 1-800-RED CROSS